



September 4-7, 2019

# LONDON BREAST MEETING

## London Breast Meeting 2019

Best Practice in Aesthetic and Reconstructive Breast Surgery

5-7 September 2019

Royal College of Physicians, London

[www.londonbreastmeeting.com](http://www.londonbreastmeeting.com)

### Wednesday 4<sup>th</sup> September

#### Video Workshops

Please choose either **Session 1A** or **Session 1B** below:

#### Session 1A: Oncoplastic breast surgery

- **Chest wall perforator flaps**
- **Advanced oncoplastic techniques**
- **Brachial port insertion**
- **Pre-pectoral reconstruction: step by step**

#### Session 1B: Microsurgical techniques

- **Microsurgery tips and tricks: how to prepare internal mammary vessels and bipedicular flaps**
- **Delayed breast reconstruction by DIEP: how to shape the breast and correct bad results**

#### Session 2: Aesthetic breast surgery

- **Breast augmentation: from choosing the implant to planning the surgery**
- **Mastopexy with mesh**
- **The perfect abdominoplasty**

#### Meet the Masters

'Drop-in' Clinic Sessions where you can meet the experts to discuss current challenges, innovations or cases in either small groups or one-on-one.

Experts to be confirmed soon.

## Thursday 5<sup>th</sup> September

### Breast Oncology

- 07.00 – 08.15 Registration and refreshments
- 08.15 – 08.30 Welcome and introduction
- 08.30 – 10.00 **Best practice in the management of hereditary breast cancer**
- Screening BRCA patients during pregnancy
  - Rapid genetic testing
  - RRM: age limits, timing, cancer treatment, reconstruction options
  - Is there a difference in a mastectomy for cancer or risk reducing?
  - MRI in risk reducing surgery: standard of care?
- 10.00 – 10.30 *Refreshments and exhibition viewing*
- 10.30 – 11.30 **Best practice in chemo and radiation therapy related to reconstruction**
- What is the safe timeline between mastectomy and chemotherapy?
  - Neoadjuvant chemotherapy: which patient really does benefit?
  - How early after reconstruction is it recommended to start radiotherapy?
  - Frozen section in oncoplastic surgery
  - Predictive tests in radiotherapy
- 11.30 – 12.00 **Multidisciplinary Session: challenging cases**
- 12.00 – 12.30 **Keynote Address**
- 12.30 – 13.30 *Lunch and exhibition viewing*
- 13.30 – 14.00 **Roundtable Discussion 1: Should we offer reconstruction in metastatic breast cancer?**
- 14.00 – 15.00 **LBM Free Paper Session: Surgical pearls in aesthetic and reconstructive surgery**
- 15.00 – 15.30 *Refreshments and exhibition viewing*
- 15.30 – 15.50 **Roundtable Discussion 2: What are the best ways forward if radiotherapy is expected?**
- 15.50 – 16.00 **Summary of MBN consensus on radiotherapy**
- 16.00 – 17.00 **Best practice in management**
- How to consent for reconstruction
  - Blurred lines between BCS and mastectomy: can we define the limits?
  - Who can or should be doing risk reducing mastectomy?
  - Should there be a minimum number of microsurgical cases per year for a surgeon?
  - Current definition of oncoplastic surgery
- 17.00 – 17.30 **Afternoon Symposium**
- 17.30 - 19.30 LBM Welcome Reception and close of day

## **Friday 6<sup>th</sup> September:**

### **Breast Reconstruction**

07.00 – 08.00	Registration and refreshments
08.00 – 09.30	<b>Best practice in lymphoedema</b> <ul style="list-style-type: none"><li>• Are ICG and MRI needed in all lymphatic cases?</li><li>• What is the algorithm in lymphatic surgery</li></ul>
09.30 – 10.00	<b>Best practice: when do we say no to immediate reconstruction?</b>
10.00 – 10.15	<b>Mid-morning symposium</b>
10.15 – 10.45	<i>Refreshments and exhibition viewing</i>
10.45 – 12.00	Parallel Session (choose either A or B below)  <b>A: Best practice in pre- and post-op flap management</b> <ul style="list-style-type: none"><li>• Imaging</li><li>• Flap monitoring</li><li>• Number revision</li><li>• Post-op management</li><li>• Tips and tricks in autologous breast reconstruction</li></ul> <b>B: Best practice in BCS and oncoplastic surgery</b> <ul style="list-style-type: none"><li>• Roundblock technique</li><li>• Tips and tricks in oncoplastic surgery</li><li>• Lipofilling: timing and technique</li><li>• Sentinel node without isotope</li></ul>
12.00 – 12.30	<b>Keynote Address: how to define cup size</b>
12.30 – 13.00	<b>Lunchtime Symposium</b>
12.30 – 13.30	<i>Lunch and exhibition viewing</i>
13.30 – 15.00	<b>Best practice in pre-pectoral implant reconstruction</b> <ul style="list-style-type: none"><li>• Immediate vs delayed pre-pectoral</li><li>• Wrap around vs tent technique</li><li>• Implant: fixed volume vs definitive expander</li><li>• How to prevent rippling and implant visibility</li></ul>
15.00 – 15.30	<i>Refreshments and exhibition viewing</i>
15.30 – 17.00	<b>Tips and tricks in implant-based reconstruction</b>
17.00 – 17.30	<b>Afternoon Symposium</b>
17.30 – 19.00	Networking reception
20.00 – late	LBM Social Function

## **Saturday 7<sup>th</sup> September:**

### **Aesthetic Breast Surgery**

- 08.30 – 09.00 Refreshments and exhibition viewing
- 09.00 – 10.30 **Best practice in breast augmentation**
- The 14 point plan in breast augmentation
  - What would be the ideal surface for an implant
  - Pro-biotic dip
- Best practice in mastopexy and reduction**
- When and how to use meshes
- Best practice in lipofilling of the breast**
- Timing, washout, where to position
  - Composite
- 10.30 – 10.45 **Mid-morning Symposium**
- 10.45 – 11.15 Refreshments and exhibition viewing
- 11.15 – 12.15 **ALCL updates and discussion**
- 12.15 – 12.45 **Keynote Address**
- 12.45 – 13.45 Lunch and exhibition viewing
- 13.45 – 15.00 **Tips and tricks in aesthetic breast surgery**
- 15.00 – 15.15 **What have I changed in my practice in the last year?**
- 15.30 – 15.30 **Summary and close of conference**

### **Confirmed Faculty**

**Claudio Angrigiani**, Argentina  
**Mark Ashton**, Australia  
**Brad Calobrace**, USA  
**Federica Chiesa**, Switzerland  
**Mihye Choi**, USA  
**Jana de Boniface**, Sweden  
**Cristina Garusi**, Italy  
**Paul Harris**, UK  
**Jean-François Honart**, France  
**Roger Khouri**, USA

**Douglas MacMillan**, UK  
**Maurice Nahabedian**, USA  
**Maurizio Nava**, Italy  
**Luis Fernando Perin**, Brazil  
**Benjamin Sarfati**, France  
**Daijang Song**, China  
**Filip Stillaert**, Belgium  
**Steven Teitelbaum**, USA  
**Charles Volpei**, France  
**Zoe Winters**, UK